



*120 South Warner Road
Suite 107
King of Prussia, PA 19406*

Nutritional Health Systems is located in Suite # 107 (first floor) of the **Valley Forge Building**: 120 South Warner Road, King of Prussia, PA 19406.

From Philadelphia International Airport:

Take Interstate 95 South to 476 North (Plymouth Meeting). Follow 476 North to Exit 16B: I-76 West (Schuylkill Expressway)/Valley Forge. Follow "From Philadelphia" directions below:

From Philadelphia:

Take Route 76 West to exit for 202 South (before the Turnpike).

Take 202 South for a short distance to the **Swedesford Road** exit. At the light, turn right onto Swedesford Road. At the first light turn right onto S. Warner Road. Make the first left onto Continental Drive. Take your first left into the parking lot for the **Valley Forge Building** (two story beige building).

From the Pennsylvania Turnpike:

Take Exit 24 (Valley Forge) off the Turnpike.

Follow exit and continue through the toll booth (this puts you directly on Route 76 East).

Follow Route 76 to the second exit – marked Route 202 South/West Chester. Take this exit.

Follow directions "From Philadelphia," taking the Swedesford Road exit.

From New York

Take the New Jersey Turnpike to Exit 6 connecting to the Pennsylvania Turnpike (276 West).

Take the Pennsylvania Turnpike (276 West) to Exit 24 (Valley Forge). Follow exit and continue through the toll booth. This puts you directly on Route 76 East (Schuylkill Expressway).

Follow Route 76 East to the second exit – marked Route 202 South/West Chester. Take this exit.

Follow directions "From Philadelphia," taking the Swedesford Road exit.

From Baltimore/Washington Area:

Take Interstate 95 North to the US-202/Concord Pike exit, exit number 8, towards Wilmington/West Chester. Keep left at the fork in the ramp and merge onto Concord Pike.

Concord Pike becomes Wilmington West Chester Pike, then Wilmington Pike, then Wilmington Pike/US-202/US-322. Follow signs for US-202N (202N will bear off to the right in the West Chester area). Follow approximately 14.5 miles.

Take the Devon Park Drive exit. Bear right towards Devon Park Drive. At the traffic light at the end of the ramp turn left.

Continue to the traffic light at the intersection of Devon Park Drive & S. Warner Road and turn left.

Make the next right turn onto Continental Drive and turn left into the first driveway for the **Valley Forge Building** (two story beige building).